## SANDWICHES -

Chicken & Stuffing (white or multigrain)
Ham & Cheese (White or Multigrain)
B.L.T (white or multigrain)
Egg Mayo (white or multigrain)
Tuna & Sweetcorn (white or multigrain)
Chicken & Bacon (White or Multigrain)
Ham Salad (white or multigrain)
Ham, Cheese & Coleslaw (white or multigrain)
(NEW) Chicken Tikka (WHITE OR MULTIGRAIN)
NEW Egg & Bacon (White or Multigrain)

#### **WRAPS**

Sweet Chilli Chicken Wrap		€2.99
Chicken Caesar Wrap		€2.99
NEW	Chicken Pesto Wrap	€2.99
NEW	Chicken Tikka Wrap	€2.99
NEW	Cajun Chicken Wrap	€2.99
NEW	Hoisin Duck Wrap	€2.99

# **DELUXE SANDWICHES**

The Blabber Mouth	€3.99
Veg Odyssey	€3.99
The Notions	€3.99
Jamaican Me Hungry	€3.99
The Intercontinental	€3.99
The Beefeater Bap	€3.99
Wrap Battle	€3.99

# **HOT BAGUETTES**

Mozzarella & Tomato Ciabatta	€2.99
Pepperoni & Mozzarella Pizza Ciabatta	€3.49
Hot Ham & Cheese Ciabatta	€3.49
Hot & Spicy Chicken & Cheese Baguette	€3.89
SF Chicken & Cheese Baguette	€3.89
SF Chicken Baguette, Cheese & Taco	€3.89
Plain Chicken & Cheese Baguette	€3.89
Hot & Spicy Chicken Baguette	€3.89
SF Chicken Fillet Baguette	€3.89
Plain Chicken Baguette	€3.89
Sausage Baguette	€3.89
Sausage & Bacon Baguette	€3.89

#### SOUP

Homemade Creamy Mushroom Soup	€2.49
Homemade Tomato & Basil Soup	€2.49
Homemade Vegetable Soup	€2.49
Homemade Chicken & Vegetable Soup	€2.49

#### LITE-BITES -

€2.99

€2.99

€2.99

€2.99

€2.99

€2.99

€2.99

€2.99

€2.99

€2.99

NEW	Croquettes
NEW	Mixed Fruit Pot
NEW	Overnight Oats Pot
NEW	Popcorn Chicken Bites
NEW	Potato Gratin
NEW	Onion Bhajis
NEW	Chicken & Stuffing Bagel
NEW	Ham & Cheese Bagel
NEW	Egg & Sausage Muffin
NEW	Bacon & Cheese Omelette
NEW	Granola & Yogurt Pot
NEW	Chilli & Cheese Baked Potato

## PASTA

NEW Buttered Pasta
Vegetarian Penne Pasta Bolognese
Penne Pasta with Tomato Sauce & Parmesan
Meatballs in Tomato Sauce with Penne Pasta
Chicken & Chorizo Pasta Bake
Chicken Bacon & Mushroom Carbonara
Penne Pasta Bolognese
Skewered Piri Piri Chicken with Noodles
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Homemade Beef Lasagne & Waffle Fries
Duck with Noodles with Hoisin Sauce

#### **RICE** -

Bean Burrito	€2.99
Sweet Potato Curry with Rice	€2.99
Vegetable Curry with Rice	€3.49
Chicken Curry with Rice	€3.99
Bombay Chicken Burrito	€3.99
Chilli Con Carne & Rice	€4.29
Beef & Rice Burrito	€4.29
Katsu Chicken Curry & Rice	€4.29
Chicken with Black Bean Sauce & Rice	€4.49
Chicken with Korean BBQ Sauce & Rice	€4.49
Chicken & Chorizo Paella	€4.49
Chicken & Mushroom Risotto	€4.49

#### **ROAST** -

Beef & Pork Meatballs with Mash, Peas & Gravy Roast Chicken, Mash & Veg with Gravy Baked Ham, Mash & Veg with Parsley Sauce Roast Turkey, Mash & Veg with Gravy Sausages, Mash & Gravy

## SALADS -

€2.49

€2.49

€2.49

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Pro Fik Ch Ve Ta	veet Chilli Chicken Salad otein Packed Salad orous Feast Salad nicken Caesar Salad gan Option Salad sty Tuna Salad ggie Option Salad	€4.59 €4.59 €4.59 €4.59 €4.59 €4.59 €4.59
S	UBS	
NE NE	<ul> <li>6" Flamin Fajita Sub &amp; Waffle Fries</li> <li>6" BBQ Chicken Sub &amp; Waffle Fries</li> <li>6" Meatball Marinara Sub &amp; Waffles Fries</li> <li>6" Spicy Italian Sub &amp; Waffles Fries</li> </ul>	€4.49 €4.49 €4.49 €4.49
La Ch Ch ½ 2 2	URO SAVER rge Sausage Roll nicken Curry Pie nicken & Mushroom Pie Sausage Baguette SF Chicken Baguette Sausage & Bacon Baguette ( Large Sausage Rolls	€1.69 €1.99 €1.99 €1.99 €1.99 €1.99 €1.99
FI	JROPEAN	
CT Sa Ba Ba Hc Sh Sh Pir Bo Ch	<ul> <li>Meat Feast Pizza &amp; Waffle Fries</li> <li>Ham &amp; Vegetable Quiche with Waffle Fries</li> <li>Vegetable Quiche &amp; Waffle Fries</li> <li>usage &amp; Waffle Fries</li> <li>con Cheeseburger &amp; Waffle Fries</li> <li>ef Burger with Ketchup &amp; Waffle Fries</li> <li>t Dog &amp; Waffle Fries</li> <li>Steak Roll &amp; Waffle Fries</li> <li>oppy Joe &amp; Waffle Fries</li> <li>memade Beef Lasagne &amp; Waffle Fries</li> <li>redded Chicken, Waffle Fries &amp; Curry</li> <li>ice Bag, Waffle Fries &amp; Curry</li> <li>i-Piri Wings &amp; Waffle Fries</li> <li>neless Piri-Piri Wings &amp; Waffle Fries</li> <li>neless Piri-Piri Wings &amp; Waffle Fries</li> <li>iilli Waffle Fries, Taco Sauce &amp; Cheese</li> <li>iicken Balls, Waffle Fries &amp; Curry</li> </ul>	€3.99 €4.79

#### VEGAN

Vegetarian Penne Pasta Bolognese	€2.99
Bean Burrito	€2.99
Sweet Potato Curry with Rice	€2.99
Vegetable Curry with Rice	€3.49
Vegan Option Salad	€4.59

#### **HEALTHY SNACKS**

Wholemeal American Pancakes	€0.79
Rice Cakes Yoghurt Flavoured	€0.79
Shred O's / Happy O's	€0.79
Cheese Stick	€0.79
Manhattan Popcorn	€1.19
Nature Valley Honey & Oat bar	€1.99
Nutrigrain Breakfast Bars	€1.99
NEW Fruit Pot	€2.49
(NEW) Over Night Oats	€2.49
🚥 Granola & Yoghurt	€3.49
NEW Fulfil Protein Bars	€3.49

#### FRUIT

Apple	€0.49
Orange	€0.49
Fruit Raisins	€0.49
Banana	€0.79

## DRINKS

Don Simon Orange Juice 200ml	€0.89
Don Simon Apple Juice 200ml	€0.89
Ishka Water	€0.99
Capri-Sun Orange 200ml	€1.09
Sparkling Flavoured Water	€1.49
NEW Ribena Carton 250ml	€1.89
Lucozade Sport Orange 500ml	€2.49
Ribena Blackcurrant 500ml	€2.49
NEW VIT HIT Range	€2.49

# **SNACKS**

Oreo Cookies Gluten Free Brownie Tayto (Salt & Vinegar or Cheese & Onion)
Kit Kat
Chocolate Muffin
Blueberry Muffin
Popchips
Snack A Jacks
Cadbury Purple or Yellow Snack
Twix Twin
Belgian Triple Chocolate Chunk
Belgian Double Chocolate Chunk
Maltesers
Cadbury Dairy milk
Mars Bar
Pringles 40g



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## VEGETARIAN

€0.79

€1.49

€1.69

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€1.79

€1.79

€1.79

€1.79 €1.89

€1.89 €1.99

€1.99

€1.99

€1.99

NEW Buttered Pasta	€1.99
Homemade Creamy Mushroom Soup	€2.49
Homemade Tomato & Basil Soup	€2.49
Homemade Vegetable Soup	€2.49
NEW Croquettes	€2.49
NEW Overnight Oats	€2.49
NEW Fruit Pot	€2.49
💵 Onion Bhajis	€2.99
NEW Potato Gratin	€2.99
Mozzarella & Tomato Ciabatta	€2.99
Sweet Potato Curry with Rice	€2.99
Bean Burrito	€2.99
Vegetarian Penne Pasta Bolognese	€2.99
Egg Mayo on Multigrain	€2.99
Egg Mayo on White Mega-Bite	€2.99
Vegetable Curry with Rice	€3.49
💵 Granola & Yogurt	€3.49
Veg Odyssey	€3.99
Veggie Option Salad	€4.59
Vegan Option Salad	€4.59
Protein Packed Salad	€4.59
NEWD Vegetable Quiche & Waffle Fries	€4.79

PLEASE NOTE ALL ITEMS MAY NOT BE AVAILABLE ON YOUR SCHOOL MENU. MEAL ITEMS ARE AT THE DISCRETION OF SCHOOL MANAGMENT. DOMINICAN COLLEGE SION HILL REGISTRATION CODE:



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